

DODGE CITY FAMILY YMCA

POOL RULES

Pool Age Requirements

All Children under the age of 8 **MUST** have an adult (over 16) on the pool deck.

All children under the age of 6 **MUST** have an adult (over 16) in the water.

- Swim only when lifeguard is present.
- Obey the lifeguard.
- An adult must supervise anyone under the age of 8.
- Children ages 6 and under must always have an adult over the age of 16 in the water with them.
- Infants and Toddler must wear swim diapers
- NO:

T-shirts, diapers, cut-offs, or gym shorts- swim attire **ONLY**.

Food, drinks, gum, or tobacco will be allowed in pool area.

Shoes allowed on deck.

Running or horseplay on the deck.

Playing on steps, railings, or ladders.

Dunking or hanging on other swimmers.

Spitting, blowing nose, or spouting water.

Profanity, obscene gestures, or public displays of affection.

- All swimmers **MUST** take a shower before entering the pool.
- do not use the pool as a bathroom.
- Diving allowed only in deep end along east edge. **NO** back dive, back jump, or flips of any kind allowed.
- Be responsible and pick up equipment after use & return to the proper storage area.
- **NO** inflatables may be brought into the pool without permission.
- **NO** toys, kickboards, barbells, or pull buoys will be given out during Open Swim.
- Swim tests **MUST** be given to all children, under the lifeguard's discretion, that want to swim in the deep water.

Lap Swim Rules

- Final Decisions made by lifeguard.
- Adult Exercise times are only open to ages 16 & above.
- When you are finished with your workout and someone is waiting to use your lane, please exit the pool in a timely manner.
- If all of the lanes are occupied and you would like to swim, and pull buoys away before you exit the pool area.

For any questions or concerns please contact Aquatics Director/Coordinator, or lifeguard on duty.